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From: **Jodi the Doula** <[REDACTED]@gmail.com>

Date: Fri, Feb 7, 2014 at 8:24 AM

Subject: birth notes

To: Lindsay Switzer <lindsayswitzer@gmail.com>

Lindsay - I don't have time stamps on my notes after my time of arrival. I do, however, have the notes of conversations that I took down while you were in surgery. Trigger warning: these may be difficult for you to read.

5:03 am text from Lindsay, cx 6 min

7:15 cx about the same, feeling nauseous, calling brother, then heading to hospital. Will call.

7:45 cx 4 to 5

8:30 Joe called, Lindsey 5-6 cm, Agreed to head to Shore

9:26 arrived at shore

Midwife Jamie Sosa on duty.

Lindsay labored in multiple positions - standing, on birth ball, hands and knees. Lots of back labor. Used hot packs and tens unit.

Urge to push, Jamie checked while on hands and knees, cervix was 9, "almost complete, a little lip, right in front". AROM - clear. Prepped for delivery. Given ok to "bear down gently if she had to."

Dr. Resvina entered. Said, "Why is she like this? Is she going to deliver this way? Why isn't she on the monitor?"

Jamie answered that she was monitoring by holding monitor in place with her hand every five minutes, and that she was comfortable delivering this way.

Resvina instructed Jamie to attach Lindsay to monitor - "all of my patients have continuous monitoring. You don't do this manually."

Resvina asked, "Aren't you getting the epidural?" , Lindsay said no. Resvina offered pudendal block. I explained what this was. Lindsay said no thank you.

Nurse began to attach monitor in h&k position, nurse offered side-lying. Resvina ordered Lindsay on her back (pushing Lindsay onto her back).

Said, "You're the lawyer, right? How do you feel when a client refuses to take your advice? I'm your doctor. I'm telling you how I can help you. When you say no, you aren't letting me help. I don't like it when you won't let me help."

Resvina said, "I'm going to tell you why you need a cesarean. You got here this morning at 5cm. You haven't delivered yet. This is taking too long."

Jamie said that Lindsay was 9 at last check, and had strong urge to push.

Resvina did internal exam during next contraction without consent. Held Lindsay down with her hand in her vagina. "There's still cervix. I call this 8."

R. asked Joe how long Lindsay pushed with Jane - he said "less than two hours". Asked birthweight of Jane, he answered.

R. said, "There is no way this baby is coming out vaginally. This baby is going to be bigger than your other one. I need to do a c-section now."

Lindsay, during a contraction, said, "Hang on - contraction - please stop talking - just a second". Resvina put her hands on her hips, said "I don't appreciate this" and left the room.

Joe, Jamie, and I worked to calm Lindsay down.

Next 3 cx (approx), with Lindsay on her back, baby had decels in heart rate. Started IV and o2, changed to side lying, Jamie said heartbeat returned to baseline of 120, and decels were now "earlies", indicating that baby is ready for pushing, not the "late decels" that indicate distress.

Resvina re-entered.

R waved papers in front of Lindsay's face, saying "Your baby is in distress. If you won't consent to a cesarean right now, you have to sign this paper saying that you told me you don't care if your baby dies. Then I will call the proper authorities who will make you do the right thing." She also threatened Lindsay that if she didn't sign, she'd call "the proper authorities" and that Jane, too, would be taken away. She said "You have an older child with problems, right? Well, I wasn't at her delivery, so I don't know what happened, but that's not going to happen to this baby on my watch."

Joe asked to see the piece of paper. Resvina refused.

Lindsey asked if there was another doctor that she could ask for a second opinion. Resvina told her that there were no other doctors there, and that she would call Dr. Bravaco and tell him what she saw, so that he could confirm that Lindsay needed a c-section.

Resvina left again, saying "American women always want their way."

Resvina returned, phone in hand, handed phone to Joe. Bravaco said that he had not himself seen the monitoring, that Dr R had told him that baby was in distress, and if baby was in distress, according to Dr. R's report, a cesarean would be necessary.

Resvina said that she would not be held responsible if this baby was born brain damaged or dead.

Throughout this time, Lindsay was having strong and frequent contractions, and was fighting the urge to push while engaging in conversation with the doctor.

Lindsay became hysterical and clearly in distress herself. She screamed "No! Joe, don't let her cut me!"

At this point, consent forms were signed and Lindsay was prepped for surgery. Jamie explained the contractions looked ok to her, and explained the late-vs-early decels to Lindsay and Joe.